



# **Cromwell Middle School**

## **MONDAY**

**VARIETY OF COLD CEREAL**

## **TUESDAY**

**WHOLE GRAIN BREAKFAST  
BAR**

## **WEDNESDAY**

**WHOLE GRAIN BREAKFAST  
BUN**

## **THURSDAY**

**ASSORTED MUFFINS**

## **FRIDAY**

**BANANA BREAD**

**Breakfast is served as a “meal” and includes: Choice of milk, fruit, yogurt or cheese stick. Ala Carte selections are not available. Cold Cereal is offered everyday as an alternate.**

**Breakfast is free to all students!**